AMENDMENTS TO THE CLAIMS:

Please incorporate the following amendments to the subject application.

1. (Previously Presented) A method of dissipating power to store heat in a heating element of a temperature controlling device, and then releasing the stored heat to warm air for evaporating a composition containing a pharmaceutically active formulation, said method comprising the steps of:

supplying power from a portable power source to a heating element, said device having a long thermal time constant in still air of greater than about 10 seconds;

storing heat in the heating element as power is supplied from the portable power source; and

flowing air over the heating element to release heat to the flowing air, whereby a thermal constant of said device for releasing heat to the flowing air is less than about 10 seconds.

2. (Original) The method of claim 1, wherein said thermal time constant in still air is greater than about 15 seconds.

3. (Previously Presented) The method of claim 1, wherein said thermal time constant in moving air is from about 3.5 seconds to about 5 seconds.

4. (Original) The method of claim 1, wherein said flowing air is driven by inhalation by a user on a channel fluidly connected with the heating element.

5. (Previously Presented) The method of claim 1, wherein the portable power source comprises at least one battery and said supplying power comprises flowing electrical current through the heating element.

6. – 48. (Cancelled)

49. (Previously Presented) The method of claim 1, further comprising:

prior to flowing air, allowing the heating element to achieve a predetermined operating temperature.

50. (Previously Presented) The method of claim 1, wherein said heating element is an electrically resistive element having a surface area of about 25 to about 60 cm^2.

51. (Previously Presented) The method of claim 1, wherein said heating element is corrugated to form gaps to channel air therethrough.

52. (Previously Presented) The method of claim 1, wherein said heating element is constructed of two banks and each said bank is configured into a series of narrow channels.

53. (Previously Presented) The method of claim 1, wherein said heating element has a mass of about 0.1 to 4.0 grams and a surface area of about 30 to about 55 cm^2.

54. (Previously Presented) The method of claim 53, wherein said element has a mass of about 0.2 to about 2.0 grams and a surface area of about 35 to about 45 cm^2.

55. (Previously Presented) The method of claim 54, wherein said element has a mass of about 1.25 grams and a surface area of about 39 cm^2.

56. (Previously Presented) The method of claim 1, wherein said temperature controlling device is hand-held.